



# International Woman's Salon For Post Traumatic Growth

Presented by

Kate Hudgins, Ph.D., TEP

Karen Drucker, Psy.D., TEP

Osho Leela Meditation Center

1025 Rosewood Ave. Boulder, CO 80304

April 16-19, 2020

**Kate Hudgins, PhD, TEP**, is an internationally recognized expert on Post-Traumatic Stress Disorder. She developed the research-supported Therapeutic Spiral Model™ (TSM) to treat PTSD, demonstrating that experiential approaches create immediate change and new learning for those suffering various stages of breakdown, subsequent to overwhelming traumatic events. Kate has taught and worked internationally for over 20 years and is a published author and recipient of numerous awards.

**KAREN DRUCKER PSY.D., TEP** is a Licensed Psychologist in Boulder, Colorado; where she utilizes psychodrama in her private practice and teaches graduate psychology students at Naropa University in the Mindfulness and Transpersonal Graduate Counseling Program. Karen Drucker, Psy.D., TEP was part of the original Therapeutic Spiral Training Group in the 1990's. As a Licensed Psychologist and Board-Certified Trainer, Practitioner of Psychodrama, Sociometry and Group Psychotherapy, she runs two monthly psychodrama training groups for therapists drawing on her vast experience with TSM teams both nationally and internationally, including Brisbane, Australia; Istanbul, Turkey; Nottingham and Sheffield, U.K., and Baltimore, MD and Charlottesville, VA. She served as TSM Trainer for teams in Boulder, CO and Ottawa, Canada. Karen also taught in Naropa Graduate Psychology for the past 16 years.

Join Dr. Kate, and Karen Drucker for this International Woman's Salon. You are meant to be at this workshop if you are still fighting the traumas of the past inside yourself, even after becoming professionally successful and/or creating trustworthy relationships. This workshop uses state of the art creative and experiential methods to help you become all of who you are meant to be! As we use TSM psychodrama, sociometry, and the expressive arts, we will find the strengths forged from the past and integrate them into every aspect of your life today.

TSM Psychodrama is based on the latest research on the neurobiology of trauma and happiness. We will share new and spontaneous experiences of healing and change as a group of women who can make a difference! We will also enjoy good food, great talks and lots of self-care in a beautiful setting.

This workshop is limited to 8 women and Dr. Kate leads a team with Karen Drucker to provide safety and support to complete the deepest level of trauma work possible. You will awaken to your gifts of spontaneity, creativity and most of all a future filled with hope and released from the past.

- **INFORMATION & REGISTRATION:** Kate Hudgins at [drkatetsi@mac.com](mailto:drkatetsi@mac.com) or [druckerkaren@gmail.com](mailto:druckerkaren@gmail.com)

- Space is limited so register as soon as possible. Participants report that they get 6 months of therapy and change from these small salons.

- Hours are Thursday 6-9, Friday and Saturday 10-6, and Sunday 10-3

- Registration fee is \$850