



TSI International Training Groups in Experiential Trauma Therapy Certification Course

Presented by

Kate Hudgins, Ph.D., TEP

Korusic VedranVe

Kate Hudgins, PhD, TEP, is an internationally recognized expert on Post Traumatic Stress Disorder. She developed the research-supported Therapeutic Spiral Model™ (TSM) to treat PTSD, demonstrating that experiential approaches create immediate change and new learning for those suffering various stages of breakdown, subsequent to overwhelming traumatic events. Kate has taught and worked internationally for over 20 years and is a published author and recipient of numerous awards.

Dr Kate will be joined by an international training Action Healing Team throughout the year.

Zagreb, Croatia:

- December 15, 2019- Neurobiology of Trauma
- March 22, 2020- Containment: The Key to Safety with Action Methods
- June 28, 2020- Making Friends with Defenses

Philadelphia, PA

- Feb 7, 2020- Brain in Action
- May 1, 2020 Making Friends with Defenses
- July 10-12 Transforming the TSM Trauma Triangle

Each workshop can be taken as a stand alone training or you can come to all and receive an International Certification in Experiential Trauma Therapy Theory in TSM Psychodrama.

We are happy to announce the formation of two TSI International Training Groups in Experiential Trauma Therapy Using the Therapeutic Spiral Model to treat trauma. Please join us as we start our new cohorts in Zagreb, Croatia in December, 2019, and in Philadelphia, PA, USA in February, 2020. You can become part of our TSM international community of like-minded people seeking to change how trauma work is done around the world.

The Therapeutic Spiral Model (TSM) is a 3-stage, process model of Experiential Trauma Therapy using clinically modified psychodrama interventions and additional action strategies from Gestalt therapy, Focusing, etc. TSM Psychodrama has research support showing that its use of spontaneity, creativity, and role theory to guide safe and effective psychodrama results in clinically significant changes in anxiety, depression and symptoms of PTSD. In these groups, we will continue our research on increases in spontaneity and post-traumatic growth.

Each cohort will provide the opportunity to meet the requirements of the Introduction to Theory Certification in Experiential Trauma Therapy by summer 2020. Learn the neurobiology of trauma and why the latest research in neurobiology and attachment prescribed Experiential Therapy as the treatment of choice for trauma-related difficulties. Experience the safety of containment as you share your personal traumas as part of your training in TSM. Finally enjoy transforming your trauma triangle to one of personal recovery, empowerment, and connection to others.

In Zagreb, the group is conducted in English and we invite people of any nationality to join this group. It is already half subscribed so please sign up early. **Learn more here:** <http://bit.ly/2I8o8iz>

Philadelphia brings a rich opportunity to interact with senior TSM clinicians and trainers in our on-going cohort of 4 years. This diverse group of practitioners seek to bring TSM to their own private and professional settings. **Learn more by contacting Dr. Kate at drkatetsi@icloud.com**

Get More Information on Our FB Group: <https://www.facebook.com/groups/488289831993590/>: