



Mario Cossa, RDT/MT, TEP

Professional Experiences

July, 2019 – Present

Co-Director • Director of Training • Therapeutic Spiral International

January, 2015 – present

Founder • Director • Motivational Arts Unlimited

January, 2009 – March, 2013

Co-Founder • Co-Director • Bay Area Moreno Institute

June, 2006 –Present

Master Trainer & Trainer of Trainers • Safe School Ambassadors Youth Empowerment and Anti-Bullying Program

September, 1989 – June, 2003

Creator/Director • ACTINGOUT Expressive Therapy and Theatre Education Program for Youth • Monadnock Family Services - USA

September, 1993 – May, 1998

Adjunct Faculty • Dept. of Applied Psychology • Antioch/NE Graduate School – Keene, NH – USA

Education & Certifications

Accredited Training Institute, Melbourne, Australia – Certificate IV in Assessment and Workplace Training. (CAWT, 2004)

Therapeutic Spiral International – International Trainer Certification in Experiential Trauma Therapy using the Therapeutic Spiral Model. (2003)

American Board of Examiners in Psychodrama, Sociometry, and Group Psychotherapy – Trainer, Educator & Practitioner. (TEP, 2000)



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www.dramario.net
<https://therapeuticspiralmodel.com/>



Education & Certifications (continued)

North American Drama Therapy Association – Registered Drama Therapist/Master Teacher. (RDT/MT, 1999)

Certified Trainer in the Following Prevention Curricula: Be Proud! Be Responsible!, Making a Difference!, Making Proud Choices!, Reducing the Risk! (HIV Prevention); Second Step (Violence Prevention); and Life Skills Training (Substance Abuse Prevention.) [USA, 1997 – 2001]

Antioch/NE Graduate School, Keene, NH, USA- MA in Counseling Psychology with concentrations in Expressive Arts, and Group Psychotherapies. (1990)

Goddard College, Plainfield, Vermont, USA – MA in Secondary Education. (1974)

Community Service and Recognitions

2019 – Recipient – Innovator’s Award – American Society for Group Psychotherapy and Psychodrama.

2009 – Recipient – Neil Passariello Memorial Workshop Presenter – American Society for Group Psychotherapy and Psychodrama: “The ‘H’ in ‘HIV’ is for ‘Human.’”

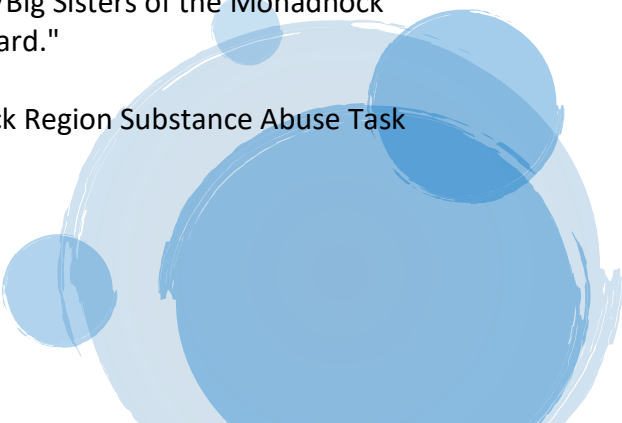
1999 - 2003 - Member - Safe and Drug-Free Schools and Communities Advisory Council, SAU 29, Keene, NH. (USA)

1997 - Recipient - Granite State AIDS Consortium's "Red Ribbon Award" for HIV Education.

1995 - Recipient- NH Chapter, Alliance for the Mentally Ill's "Service to Children and Youth Award."

1990 - Recipient- Big Brothers/Big Sisters of the Monadnock Region's "Service to Youth Award."

1987 - Moderator - Monadnock Region Substance Abuse Task Force, City of Keene, NH, USA.





Professional Affiliations

2011 – 2013 – Member - Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy.

1998 - 2003 - Member of Executive Council - American Society for Group Psychotherapy and Psychodrama.

1997 - Fellow - American Society for Group Psychotherapy and Psychodrama.

1992 - present - Professional Member- North American Drama Therapy Association.

1991 - present – Lifetime Member - American Society for Group Psychotherapy and Psychodrama.

Publications

2018 – “Circle of Values: Action Approaches in Indonesian Education,” in Blatner, A. (Ed.) *Action Explorations: Using Psychodramatic Methods in Non-therapeutic Settings*. New York: Parallax Productions. pp. 167 – 179.

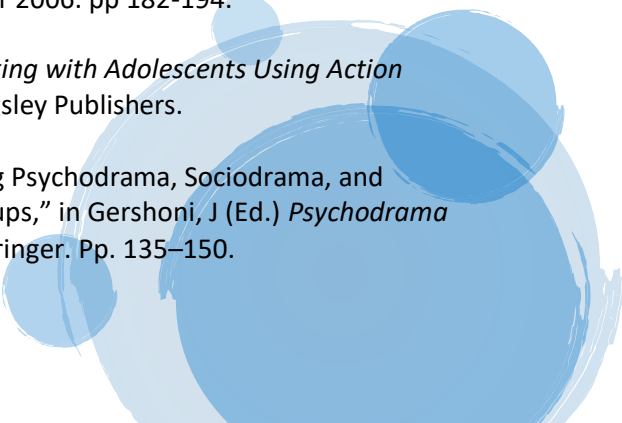
2010 – “HIV: Action Approaches to an On-Going, Global Crisis,” in Leveton, E. (Ed.) *Healing Collective Trauma Using Sociodrama and Drama Therapy*. New York: Springer Publishing Company. pp. 81 – 101.

2007 - “Actingout: An Interactive Youth Drama Group” (with Kim Burden) in Blatner, A. (Ed.) *Interactive and Improvisational Drama*. New York: iUniverse, Inc. pp. 260-270.

2006 – “How Rude!: Using Sociodrama in the Investigation of Bullying and Harassing Behavior and in Teaching Civility in Educational Communities,” in *Journal of Group Psychotherapy Psychodrama & Sociometry*. Vol. 58, No. 4, Winter 2006. pp 182-194.

2006 - *Rebels with a Cause: Working with Adolescents Using Action Techniques*. London: Jessica Kingsley Publishers.

2003 – “Taming Puberty: Utilizing Psychodrama, Sociodrama, and Sociometry with Adolescent Groups,” in Gershoni, J (Ed.) *Psychodrama in the 21st Century*. New York: Springer. Pp. 135–150.





Publications (Continued)

2002 – “Drago-Drama: Archetypal Sociodrama with Adolescents,” in Bannister, A. & Huntington, A. (Eds.) *Communicating with Children and Adolescents*. London: Jessica Kingsley. pp 139-152.

1996 - *Acting Out: The Workbook - A Guide to the Development and Presentation of Issue-oriented, Audience-interactive, Improvisational Theatre*. Washington, D.C.: Taylor & Francis. (w/ S. Ember, L. Glass & J. Hazelwood.)

Sample of Conference Presentations

2019 – CULTIVATING GRATITUDE (Sociometric Selection Workshop Presentation) – American Society of Group Psychotherapy and Psychodrama Annual Conference, Manchester, NH, USA.

2018 – THE CIRCLE of VALUES: An Adaptation of the Social Cultural Atom - American Society of Group Psychotherapy and Psychodrama Annual Conference, Dallas, TX, USA.

2014 – THE MASKS WE WEAR ... THE FACES WE PUT ON: Using Images of Indonesian masks and Statues to Stimulate Exploration. - American Society of Group Psychotherapy and Psychodrama Annual Conference, Oakland, CA, and British Psychodrama Association Annual Conference, London, England.

2008 – THE WHOLE OF (HU)MANKIND: EXPLORING CULTURAL COMPETENCE – American Society of Group Psychotherapy and Psychodrama Annual Conference, San Antonio, TX, USA.

2006 – Community Building Session Facilitator and Workshop Presenter – TRANSCENDING BOUNDARIES - Northeast PFLAG Conference 2006: *Celebrating the Spectrum of Sexuality, Gender & Sex* – Worcester, MA, USA.

2006 – Reflective Theatre Facilitator for Plenary and Morning All-Conference Sessions – HIGHER EDUCATION: A MATTER of HEART – International conference on Higher Education, Monash University – Kuala Lumpur, Malaysia.

2006 – BEFRIENDING YOUR AMYGDALA: Exploring the Neurobiology of Trauma and Issues of Self-Care for Professionals – GIVING LIFE – The International Morenian Psychodrama Conference – Melbourne, Australia.

2005 – RESOURCING YOUR INNER ADOLESCENT – Conference of the Australia/New Zealand Psychodrama Association – Brisbane, Australia.

References Available on Request

