



International Woman's Salon For Post Traumatic Growth

Presented by

Kate Hudgins, Ph.D., TEP

Sylvia Israel, LMFT, RDT/BCT, TEP

San Rafael, CA

November 8, 2019 through November 10, 2019

Friday & Saturday 10-6pm, Sunday 10-4pm

Kate Hudgins, PhD, TEP, is an internationally recognized expert on Post-Traumatic Stress Disorder. She developed the research-supported Therapeutic Spiral Model™ (TSM) to treat PTSD, demonstrating that experiential approaches create immediate change and new learning for those suffering various stages of breakdown, subsequent to overwhelming traumatic events. Kate has taught and worked internationally for over 20 years and is a published author and recipient of numerous awards.

Sylvia Israel, LMFT, RDT/BCT, TEP, licensed Marriage and Family Therapist, Board Certified Trainer, Educator and Practitioner of Psychodrama and Registered Drama Therapist/Board Certified Trainer, teaches at CIIS and Kansas State University. She is a Certified Team Leader in the Therapeutic Spiral Model and has taught PTSD and Action Methods at various graduate programs. Sylvia maintains a private practice in Marin and San Francisco working with individuals, couples, and groups.

Join Dr. Kate and Sylvia Israel, LMFT, RDT/BCT, TEP for this International Woman's Salon. You are meant to be at this workshop if you are still fighting the traumas of the past inside yourself, even after becoming professionally successful and/or creating trustworthy relationships. This workshop uses state of the art creative and experiential methods to help you become all of who you are meant to be! As we use TSM psychodrama, sociometry, and the expressive arts, we will find the strengths forged from the past and integrate them into every aspect of your life today.

TSM Psychodrama is based on the latest research on the neurobiology of trauma and happiness. We will share new and spontaneous experiences of healing and change as a group of women who can make a difference!

This workshop is limited to 8 women and Dr. Kate leads a team with Sylvia Israel to provide safety and support to complete the deepest level of trauma work possible. You will awaken to your gifts of spontaneity, creativity and most of all a future filled with hope and released from the past.

INFORMATION & REGISTRATION: Kate Hudgins at drkatetsi@mac.com

- Space is limited so register as soon as possible. Participants report that they get 6 months of therapy and change from these small salons.

\$750 Registration Fee