

# MARIO COSSA, MA, RDT/MT, TEP, CAWT

1450½ Stannage Ave. – Berkeley, CA 94702 – USA - Phone:+1 (603) 203-4130  
Benoa Sq. 2<sup>nd</sup> Fl. – Jl. Bypass Ngurah No Rai 21A – Kedonganan, Kuta 80361 Bali, Indonesia  
+62 (0)81 238 445 792 or +62 (0)361 479 2782  
[cossa@att.net](mailto:cossa@att.net) [mario@dramario.net](mailto:mario@dramario.net) [www.dramario.net](http://www.dramario.net)

## EDUCATION & CERTIFICATIONS

2004 – Certificate IV in Assessment and Workplace Training – Accredited Training Institute, Melbourne, Australia.

2003 – Trainer in the Therapeutic Spiral Model (TSM) – Therapeutic Spiral International

2000 - Trainer, Educator, Practitioner (TEP) in Psychodrama - American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy.

1999 - Registered Drama Therapist/Master Teacher (RDT/MT) Certification – North American Drama Therapy Association.

1997 - 2001 – Trainer in the Following Prevention Curricula: Be Proud! Be Responsible!, Making a Difference!, Making Proud Choices!, Reducing the Risk! (HIV Prevention); Second Step (Violence Prevention); and Life Skills Training (Substance Abuse Prevention.)

1990 - MA in Counseling Psychology - Concentrations in Expressive Arts and Group Psychotherapies. Antioch/New England Graduate School, Keene, New Hampshire

1974 - MA in Secondary Education. Goddard College, Plainfield, Vermont

## RECENT PROFESSIONAL EXPERIENCES

2019 – present – Co-Director – Therapeutic Spiral International

2015 – 2019 - Director – Motivational Arts Unlimited (the Programs of Pt. Motivational Arts Consultants), Indonesia

2009 – 2013 – Co-Founder: Bay Area Moreno Institute for Psychodrama and Action Methods

2006 – present – Master Trainer and Trainer of Trainers for Safe School Ambassadors Anti-Bullying, Youth Empowerment Program, Community Matters, Santa Rosa, CA

1989 - 2003 - Creator/Director of ACTINGOUT, adolescent program offering expressive arts group therapy, theatre training and performance opportunities.

## **COMMUNITY SERVICE AND RECOGNITIONS**

1993 - 1998- Adjunct Faculty, Antioch/NE Graduate School - Dept. of Applied Psychology, Advanced Group Psychotherapy, Introduction to Psychodrama.

2009 - Recipient - Neil Passariello Memorial Workshop  
Presenter - American Society for Group Psychotherapy and Psychodrama: "The 'H' in 'HIV' is for "Human"

1999 - 2003 - Member - Safe and Drug-Free Schools and Communities Advisory Council, SAU 29, Keene, NH (USA)

1997 - Recipient - Granite State AIDS Consortium's "Red Ribbon Award" for HIV Education.

1995 - Recipient- NH Chapter, Alliance for the Mentally Ill's "Service To Children and Youth Award."

1990 - Recipient- Big Brothers/Big Sisters of the Monadnock Region's "Service To Youth Award."

1987 - Moderator - Monadnock Region Substance Abuse Task Force, City of Keene.

## **PROFESSIONAL AFFILIATIONS**

2011 - 2013 - Member, Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy.

1998 - 2003 - Member of Executive Council, American Society for Group Psychotherapy and Psychodrama.

1997 - Fellow - American Society of Group Psychotherapy and Psychodrama.

1992 - present - Professional Member, National Association of Drama Therapy.

1991 - present - Lifetime Member, American Society for Group Psychotherapy and Psychodrama (ASGPP)

## **PUBLICATIONS**

2010 - Published Chapter - "HIV: Action Approaches to an On-Going, Global Crisis," in Leveton, E. (Ed.) *Healing Collective Trauma Using Sociodrama and Drama Therapy*. New York: Springer Publishing Company. pp. 81 - 101.

2007 - Published Chapter - "Actingout: An Interactive Youth Drama Group," (with Kim Burden) in Blatner, A. (Ed.) *Interactive and Improvisational Drama*. New York: iUniverse, Inc. pp. 260-270.

2006 – Article – “How Rude!: Using Sociodrama in the Investigation of Bullying and Harassing Behavior and in Teaching Civility in Educational Communities,” in *Journal of Group Psychotherapy Psychodrama & Sociometry*. Vol. 58, No. 4, Winter 2006. pp 182-194.

2006 - Book – *Rebels with a cause: Working with adolescents using action techniques*. London: Jessica Kingsley Publishers.

## **PUBLICATIONS Continued**

2003 – Chapter – “Taming Puberty: Utilizing Psychodrama, Sociodrama, and Sociometry with Adolescent Groups,” in Gershoni, J (Ed.) *Psychodrama in the 21<sup>st</sup> Century*. New York: Springer. pp. 135-150.

2002 – Chapter – “Drago-Drama: Archetypal Sociodrama with Adolescents,” in Bannister, A. & Huntington, A. (Eds.) *Communicating with Children and Adolescents*. London: Jessica Kingsley. pp 139-152.

1996 - Book - *Acting Out: The Workbook - A guide to the development and presentation of Issue-oriented, audience-interactive, improvisational theatre*. Washington, D.C.: Taylor & Francis. (w/ S. Ember, L. Glass & J. Hazelwood.)

## **SAMPLE OF CONFERENCE PRESENTATIONS**

2018 – THE CIRCLE of VALUES: an Adaptation of the Social Cultural Atom - American Society of Group Psychotherapy and Psychodrama Annual Conference, Dallas, TX

2014 – “THE MASKS WE WEAR ... THE FACES WE PUT ON: Using Images of Indonesian masks and Statues to Stimulate Exploration.” - American Society of Group Psychotherapy and Psychodrama Annual Conference, Oakland, CA, and British Psychodrama Association Annual Conference, London, England.

2008 – “THE WHOLE OF (HU)MANKIND: EXPLORING CULTURAL COMPETENCE” – American Society of Group Psychotherapy and Psychodrama Annual Conference, San Antonio, TX.

2006 – Community Building Session Facilitator and Workshop Presenter – *Transcending Boundaries*& Northeast

PFLAG Conference 2006:  
Celebrating the Spectrum  
of Sexuality, Gender &  
Sex – Worcester, MA

2006 – Reflective Theatre  
Facilitator for Plenary  
and Morning All-  
Conference Sessions –  
Higher Education: A  
Matter of Heart –  
International conference  
on Higher Education,  
Monash University –  
Kuala Lumpur, Malaysia

2006 – “Befriending Your  
Amygdala: Exploring the  
Neurobiology of Trauma  
and Issues of Self-Care  
for Professionals” –  
Giving Life – The  
International Morenian  
Psychodrama Conference  
– Melbourne, Australia.

2005 – “Resourcing Your  
Inner Adolescent” –  
Conference of the  
Australia/New Zealand  
Psychodrama Association  
– Brisbane, Australia.