



Transforming the Trauma Triangle

Presented by

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February 13th to 16th, 2020

From 9am to 5pm

New Delhi – Gurgaon (near Golf Place / Magnolia)

STEVEN DUROST, PhD, LCMHC, REAT, is the Founder and Director of C.R.E.A.T.E! The Center for Expressive Arts, Therapy and Education in Manchester, NH. He teaches psychodrama courses at Springfield College-Manchester and Lesley University-Cambridge; his work was nationally recognized in 2014 with an award from the American Society of Group Psychotherapy & Psychodrama. Dr. Steven is a certified Assistant Leader in TSM Psychodrama to create post traumatic growth with the Therapeutic Spiral Model. www.CastleCreate.com.

KAREN DRUCKER PSY.D., TEP is a Licensed Psychologist in Boulder, Colorado; where she utilizes psychodrama in her private practice and teaches graduate psychology students at Naropa University in the Mindfulness and Transpersonal Graduate Counseling Program. Karen Drucker, Psy.D, TEP was part of the original Therapeutic Spiral Training Group in the 1990's. As a Licensed Psychologist and Board-Certified Trainer, Practitioner of Psychodrama, Sociometry and Group Psychotherapy, she runs two monthly psychodrama training groups for therapists drawing on her vast experience with TSM teams both nationally and internationally, including Brisbane, Australia; Istanbul, Turkey; Nottingham and Sheffield, U.K., and Baltimore, MD and Charlottesville, VA. She served as TSM Trainer for teams in Boulder, CO and Ottawa, Canada.

The Therapeutic Spiral Model's (TSM) "Trauma Triangle" is a unique configuration that clarifies the destructive cycle of victim, perpetrator, and abandoning authority. In distinction to Karpman's Triangle, this last role was created by TSM to explain the subtle, yet damaging, presence of someone who was absent—not there to rescue—i.e., there was no appropriate authority.

The Trauma Triangle represents a closed circuit of energy embedded in the personality structure of those who have survived cruelty or trauma, repeating itself as life-long patterns of abuse and neglect. This training provides tools that empower transformation of self-neglect to self-care and that instill healthy problem-solving.

Participants gain a deeper understanding of the internal personality and neurobiological structure of PTSD; learn to integrate TSM's Prescriptive Roles & Safety Structures into clinical practice, and experience the power and depth of a TSM group process that is used across cultures.

This workshop offers training hours for Psychodrama and can be a stand-alone or foundation course for TSI's International Certification Program in Trauma Therapy.

Place: New Delhi – Gurgaon (near Golf Place / Magnolia)

Organizer: Vedadrama India Pvt. Ltd. together with PIB-Zentrum, Germany

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