

Psychodrama Revisited: Exploring the Internal Role Atom with the Therapeutic Spiral Model

Presented by

Kate Hudgins, Ph.D., TEP

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Kate Hudgins, PhD, TEP, is an internationally recognized expert on Post-Traumatic Stress Disorder. She developed the research-supported Therapeutic Spiral Model™ (TSM) to treat PTSD, demonstrating that experiential approaches create immediate change and new learning for those suffering various stages of breakdown, subsequent to overwhelming traumatic events. Kate has taught and worked internationally for over 20 years and is a published author and recipient of numerous awards.

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This workshop looks at trauma and post-traumatic growth through the lens of the trauma survivors internal role atom (TSIRA). This clinical map guides the practice of the a Therapeutic Spiral Model and TSM Psychodrama to provide safety and containment with Experiential Psychotherapy to treat PTSD.

Developed from 1992-1995, this time tested, research based, Model of trauma informed care moves through a 3 stage process using simple role theory to make it accessible to many people across cultures. TSM has been taught in 42 countries and helped thousands of practitioners and clients regain their sense of spontaneity and creativity following trauma. Come learn the map that shows you how to use all action methods safely and effectively.

Tuition: \$600

More info. and registration: drkatetsi@icloud.com