

Making Friends With Defenses in Action

Presented by

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February 8th to 11th, 2020

From 9am to 5pm

Bangalore, Wilson Garden (near NIMHANS) at
the Vedadrama Trainer Centre Bose Enclave



STEVEN DUROST, PhD, LCMHC, REAT, is the Founder and Director of C.R.E.A.T.E! The Center for Expressive Arts, Therapy and Education in Manchester, NH. He teaches psychodrama courses at Springfield College-Manchester and Lesley University-Cambridge; his work was nationally recognized in 2014 with an award from the American Society of Group Psychotherapy & Psychodrama. Dr. Steven is a certified Assistant Leader in TSM Psychodrama to create post traumatic growth with the Therapeutic Spiral Model. www.CastleCreate.com.

KAREN DRUCKER PSY.D., TEP is a Licensed Psychologist in Boulder, Colorado; where she utilizes psychodrama in her private practice and teaches graduate psychology students at Naropa University in the Mindfulness and Transpersonal Graduate Counseling Program. Karen Drucker, Psy.D, TEP was part of the original Therapeutic Spiral Training Group in the 1990's. As a Licensed Psychologist and Board-Certified Trainer, Practitioner of Psychodrama, Sociometry and Group Psychotherapy, she runs two monthly psychodrama training groups for therapists drawing on her vast experience with TSM teams both nationally and internationally, including Brisbane, Australia; Istanbul, Turkey; Nottingham and Sheffield, U.K., and Baltimore, MD and Charlottesville, VA. She served as TSM Trainer for teams in Boulder, CO and Ottawa, Canada.

This workshop teaches you to support people who have had to use the survival skills of flight, fight or freeze to cope with trauma and violence to develop more adaptive support systems. Survival, addiction and eating disorders as defenses against untreated trauma can be contained to prevent relapse and promote post-traumatic growth. Learn the TSM Action intervention of the Manager if Defenses from individual therapy to institutionalized violence.

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Organizer: Vedadrama India Pvt. Ltd. together with PIB-Zentrum, Germany

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