

Surviving Spirits

Presented by

Kate Hudgins, Ph.D., TEP

April 22-25, 2021

From 9am to 5pm

Taipei, Taiwan



Kate Hudgins, PhD, TEP, is an internationally recognized expert on Post-Traumatic Stress Disorder. She developed the research-supported Therapeutic Spiral Model™ (TSM) to treat PTSD, demonstrating that experiential approaches create immediate change and new learning for those suffering various stages of breakdown, subsequent to overwhelming traumatic events. Kate has taught and worked internationally for over 20 years and is a published author and recipient of numerous awards.

This Surviving Spirits workshop offers the perfect opportunity to personally experience TSM Psychodrama using The Therapeutic Spiral Model.

Join us to find the joy of posttraumatic growth as you also learn the Six Safety Action Structures, the Trauma Survivors Internal Role Map, and the Body and Containing Doubles.

Experience TSM as protagonist, auxiliary and group member to know the depth of working with an international Action Healing team for your own personal and professional growth.

Meets the personal growth requirement for the TSI International Certification in Experiential Therapy using The Therapeutic Spiral Model.

For more information or to register email

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