TSM Psychodrama for Personal Restoration, Renewal & Cultural Connection



10 – 15 February 2019

"I think it is essential sometimes to retreat, to stop everything that you have been doing, to stop your beliefs and experiences completely, and look at them anew. You would then let fresh air into your mind, wouldn't you? If you can do so, you would be open to the mysteries of nature and to things that are whispering about us, which you would not otherwise reach." J. Krishnamurti

These retreats combine 30+ hours of psychodrama with diverse cultural adventures on the mystical island of Bali in Indonesia, a place where the sacred and the mundane join together. Included will be a trip to the famous Tanah Lot Temple, one of the ten most photographed sites in the world. Free time for exploration and relaxation is also included. Participants will receive a certificate to document psychodrama hours, which may be used toward certification by the American Board of Examiners, the Korean Psychodrama Association, The North American Drama Therapy Association, and Therapeutic Spiral International.

Mario Cossa, RDT/MT, TEP is a Certified Drama Therapy and Psychodrama Trainer and Practitioner who has traveled the globe offering programs in the USA, Canada, the UK, South Africa, Malaysia, Indonesia, Australia, South Korea, and New Zealand. He is a Certified Trainer in the Therapeutic Spiral Model.

TAKSU HEALING HAVEN, **out Psychodrama Venue** – is a jungle paradise in the Heart of Ubud. It features a World Class Spa & Salon, Restaurants, Yoga, and Workshop Spaces. Participants will receive a 15% discount on any additional food and beverage and on all Spa services. Visit <u>www.taksuspa.com</u> for a listing of services available.

Tuition: US\$750 per person. Includes all psychodrama sessions over six days, seven community meals (four dinners and 3 lunches), and all cultural events. A 50% deposit will hold your place and is due no later than 2 Jan. (for Feb. retreat) and 4 Feb. (for March retreat.) Balance due on first day of retreat. Those who pay in full by deposit date pay the Early Bird rate of only US\$600 per person. Transportation and accommodations are not included.

For full details and registration information: please e-mail Mario: <u>mario@dramario.net</u> or visit <u>https://dramario.net/event/psychodrama-retreats-in-bali/</u>