



TSM Directing Practice: Psychodrama and Trauma Done Safely

Presented by

Kate Hudgins, Ph.D., TEP

March 28-31, 2019

Temenos Retreat Center

West Cester, PA

Kate Hudgins, PhD, TEP, is an internationally recognized expert on Post-Traumatic Stress Disorder. She developed the research-supported Therapeutic Spiral Model™ (TSM) to treat PTSD, demonstrating that experiential approaches create immediate change and new learning for those suffering various stages of breakdown, subsequent to overwhelming traumatic events. Kate has taught and worked internationally for over 20 years and is a published author and recipient of numerous awards.

We invite you to attend this weekend residential training in using psychodrama for trauma-informed therapy. While the Therapeutic Spiral Model is the primary lens we will look at to create containment, self-regulation and narrative label, we welcome people with divergent backgrounds to provide a rich exchange of information and interventions. If you are in the TSI International Certification in Trauma Therapy program this is an opportunity to complete practicum requirements. For all participants it is a chance to improve your action skills with trauma as well as to do your own protagonist work. Come access your own autonomous healing center through the TSM Prescriptive Roles and join with a group of like minded people to share how we can change the world.

Cost Breakdown: \$1,000 for shared room accommodations. Some limited single rooms are available for an additional cost.

Day students are welcome.

Time: This is a residential workshop. We come together to share dinner at 6pm on Thursday evening. We end the after lunch on Sunday at 3pm.

Venue: Temenos Retreat Center, 1564 Telegraph Rd, West Chester, PA 19382

This is a residential retreat offering CEUs for those eligible.

More info. and registration: drkatetsi@icloud.com