



April 26th - 28th, 2019

The ASGPP Conference is the following weekend.

Price: \$650.

\$100 deposit holds your place.

Housing available at conference hotel for reduced rates.

More info. and registration: [drkatetsi@icloud.com](mailto:drkatetsi@icloud.com)

**Kate Hudgins, PhD, TEP**, is an internationally recognized expert on Post-Traumatic Stress Disorder. She developed the research-supported Therapeutic Spiral Model™ (TSM) to treat PTSD, demonstrating that experiential approaches create immediate change and new learning for those suffering various stages of breakdown, subsequent to overwhelming traumatic events. Kate has taught and worked internationally for over 20 years and is a published author and recipient of numerous awards.

**Mario Cossa, RDT/MT, TEP, CAWT**: I am proud to be listed among this group of outstanding healers and trainers. I have started calling myself a TSM Psychodramatist, because everything I do with psychodrama is informed by the clinical awareness I gained while becoming a Trainer for TSI and with the many years of utilizing TSM in my work.

**Steven Durost, PhD, LCMHC, REAT**. Owner & Executive Director of C.R.E.A.T.E! Center for Expressive Arts, Therapy and Education. Steven will be adding his cultural learning from India to the workshop through the role of Assistant Leader.



Join us on the Orient Express

The Therapeutic Spiral Model

Dr. Kate Hudgins, Ph.D., TEP  
Mario Cossa, RDT/MT, TEP, CAWT

C.R.E.A.T.E! in the Castle at  
141 Union St Manchester, NH 03103

Friday 6 pm - 9 pm

Saturday 10 am - 9 pm

Sunday 10 am - 4 pm

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Optional Monday 10-5pm\*

\*Supervision and Directing Practice  
with Psychodrama and Trauma  
\$50 extra if you attend entire weekend.  
\$125 for the one day event.

**This workshop** brings together two American psychodramatists who have brought TSM to over 40 countries over 25 years. See how the trauma survivors' internal role atom (TSIRA) has provided a clinical map of internal roles to safely and effectively use TSM across cultures, religions, politics, race, and gender in many settings.

You will learn how the Asian influence has shaped TSM for 20 years. Hear about its uses in the Middle East. Join us in a multi-cultural lab of learning together the weekend before ASGPP.

1/2 price if you are traveling internationally.

Certified TSM participants please contact Kate for fee waivers.

*Please also join us for:*

**A Open To All Celebration of Spontaneity: An Evening of Improv Games and Dance at The Castle!**  
Saturday April 27, 2019 6 to 9pm. Dinner included for participants and \$10 for non-participants. When anxiety goes down, spontaneity goes up...and so does the fun. So, join us for an evening of improv games, playback theater and dancing.

"If you want to see the world, become a psychodramatist." — Zerka Moreno, 2014