



**April 26th - 28th, 2019**

*The ASGPP Conference is the following weekend.*

Price: \$650.

Early bird paid by **December 31st, 2018**: \$500.

\$100 deposit holds your place.

Housing available at conference hotel for reduced rates.

More info. and registration: [drkatetsi@icloud.com](mailto:drkatetsi@icloud.com)

**Kate Hudgins, PhD, TEP**, is an internationally recognized expert on Post-Traumatic Stress Disorder. She developed the research-supported Therapeutic Spiral Model™ (TSM) to treat PTSD, demonstrating that experiential approaches create immediate change and new learning for those suffering various stages of breakdown, subsequent to overwhelming traumatic events. Kate has taught and worked internationally for over 20 years and is a published author and recipient of numerous awards.

**Mario Cossa, RDT/MT, TEP, CAWT**: I am proud to be listed among this group of outstanding healers and trainers. I have started calling myself a TSM Psychodramatist, because everything I do with psychodrama is informed by the clinical awareness I gained while becoming a Trainer for TSI and with the many years of utilizing TSM in my work.

I believe passionately in the ability of the creative and performing arts in general and expressive therapies specifically to heal, to expand consciousness, and to transform lives. I have worked with teens and those who serve them around the globe. Work with adolescents holds a primary focus for me. My latest endeavor, Motivational Arts Unlimited, is currently bringing action methods to youth and youth leaders in Indonesia and other regions of Asia. I am currently collaborating on a project to bring action methods for values education to junior and senior high school students across Bali.



JOIN US ON THE ORIENT EXPRESS

THE THERAPEUTIC SPIRAL MODEL  
AND CULTURAL EXCHANGE

Dr. Kate Hudgins, Ph.D., TEP  
Mario Cossa, RDT/MT, TEP, CAWT

C.R.E.A.T.E.

141 Union St

Manchester, NH 03103

Friday 6 pm - 9 pm with dinner

Saturday 10 am - 8 pm with dinner

Sunday 10 am - 4 pm

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**Optional Monday 10-5pm\***

\*Supervision and Directing Practice  
with Psychodrama and Trauma  
\$50 extra if you attend entire weekend.  
\$125 for the one day event.

**This workshop** brings together two American psychodramatists who have brought TSM to over 40 countries over 25 years. See how the trauma survivors' internal role atom (TSIRA) has provided a clinical map of internal roles to safely and effectively use TSM across cultures, religions, politics, race, and gender in many settings.

You will learn how the Asian influence has shaped TSM for 20 years. Hear about it's uses in the Middle East. Join us in a multi-cultural lab of learning together the weekend before ASGPP.

**"If you want to see the world, become  
a psychodramatist."**

**— Zerka Moreno, 2014**

[therapeuticspiralmodel.com](http://therapeuticspiralmodel.com)

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