



TSI TRAINER OVERVIEW

OVERVIEW

The TSI trainer practicum is designed to produce trainers who are able to give certification credit in the International Certification Training Program in Trauma Therapy. The fully certified trainer will be able to conduct all 7 certification workshops without supervision at the end of their practicums. This means that they are proficient in the theory and practice of neurobiology, containment, defenses and the TSM trauma triangle for the Level 1 workshops. In addition, they can conduct the Level 2 Advanced Clinical Training Courses, which are: Differential diagnoses and team roles, the Dance of transference and countertransference, and Working with projective identification with groups.

Additionally, the TSI trainer is able to supervise practice for people doing practicums at TAE, AL, and TL levels of certification. After certification, they will be listed as a TSI Trainer and will be among the pool of trainers that the Director of Training assigns for supervision, depending on area of expertise. They will provide the one hour of monthly supervision, as well as be able to provide live supervision for Healing Action Teams.

TRAINER IN TRAINING PROCESS

There are four levels of training to complete this final practicum level in TSI. Each step is completed as part of the other levels of certification, showing the ability to take on the role of participant, protagonist, team member, and supervisor. At the same time, any applicant for TSI Trainer, must show a level of psychological health that demonstrates the ability to train others while maintaining personal stability and recovery.

PARTICIPATION

First, the senior student must take each of the certification workshops as a participant. This includes being a protagonist and working on any personal issues that surface during the training process. They must participate actively in all 7 workshops over time, showing proficiency in the topics that are required to meet the TSI certification.

TEAM MEMBER

Second, the TSI trainer must have demonstrated and passed all three levels of team roles, including trained auxiliary ego (TAE), assistant leader (AL) and team leader (TL). In this way, they have fully experienced all aspects of the each of these roles that they are expected to supervise and assess for completion.

CO-LEADER WITH CERTIFIED TRAINER

The third step in developing the role of TSI trainer is to co-lead each of the 7 certification workshops. While the certified trainer has the full responsibility for maintaining the parameters needed for each workshop to meet certification requirements, the trainer-in-training often provides additional theory and new clinical action structures to extend the depth and breadth of each course, adding their own expertise to the workshops. In this way, the workshops continue to grow and expand with the addition of each new TSI trainer. During the co-leading process, they must demonstrate that they can direct all four types of TSM dramas with a full team: Prescriptive roles, defenses, the TSM trauma triangle, and the transformative roles needed for post-traumatic growth and use them as teaching structures for trainees, not just for clinical applications.

PROCESS NOTES OF OBSERVATION

Either before or after completing the co-leading of all certification workshops, the trainer-in-training must also fully observe and take notes on the structure of each workshop to increase their ability to replicate the original structure as determined by TSI. These notes are then used to assess if the trainer-in-training is ready to provide the workshop without supervision.

Publications

It is expected that trainers in training will publish a minimum of one theoretical, practical or research article by the time they are ready to sit for assessment as a TSI Trainer. This may be anything from a blog to a full blown academic research program. All handouts etc that are developed for any TSI workshop remain the property of TSI.

FUNCTIONS OF THE TSI TRAINER INCLUDE:

- Teaching skills while directing the four types of TSM dramas.
- Ability to encourage involvement in dramas.
- Creativity and knowledge to expand the material and its application to diverse issues.
- Ability to work with the Team to create a substantive production that is vibrant and original.
- Self-reliance and cooperation in equal measure.
- Openness to feedback from group and Team.
- Ability to handle projections and transferences.
- Demonstrated self-awareness of his or her own issues.
- Ability to replicate the parameters of the certification courses.

- Demonstrated ability to supervise and provide checklists for TAEs, AL, and TL.

SUMMARY

Certified Trainer's Signature

Date

Trainer-in-Training's Signature

Date