

# 2 DAY EXPERIENTIAL TRAINING



## Transforming the Trauma Triangle

With Dr. Kate Hudgins, Ph.D., T.E.P.

Friday September 28 &  
Saturday September 29th  
9:30 to 5:30 pm

2018

### Location

415 Greenview  
Near Carling and Pinecrest

### Fee

\$495.00

Lunch, coffee, tea and snacks  
will be provided both days.

### Registration

Contact Monica Forst  
of Choices in Action  
613.823.3848  
monforst@gmail.com

### Payment

Make payment to Monica Forst by  
e-transfer | credit card | cheque | cash

### Mailing Address

300 March Road Suite 410  
Kanata ON K2K 2E2

### The Therapeutic Spiral Model's (TSM)

"Trauma Triangle" is a unique configuration that clarifies the destructive cycle of victim, perpetrator, and abandoning authority. In distinction to Karpman's Triangle, this last role was created by TSM to explain the subtle, yet damaging, presence of someone who was absent—not there to rescue—i.e., there was no appropriate authority.

The Trauma Triangle represents a closed circuit of energy embedded in the personality structure of those who have survived cruelty or trauma, repeating itself as life-long patterns of abuse and neglect. This training provides tools that empower transformation of self-neglect to self-care and that instill healthy problem-solving.

**Participants gain a deeper understanding of the internal personality and neurobiological structure of PTSD;** learn to integrate TSM's Prescriptive Roles & Safety Structures into clinical practice and experience the power and depth of a TSM group process that is used across cultures.

This workshop offers training hours for Psychodrama as well as CEUs for CCPA and can be a stand-alone or foundation course for TSI's International Certification Program in Trauma Therapy.